



# Personal Bicycle Fitting Report

## Rider Information

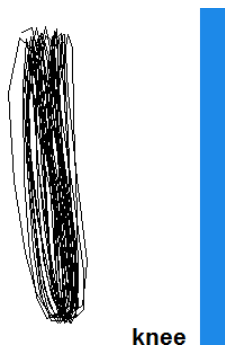
Owen Robertson  
Age  
Male

RIDING STYLE: Racing  
GOALS:  
INJURIES/PAIN:  
FLEXIBILITY: Medium  
TRAINING VOL:

### MEASUREMENTS & ANGLES

	Knee Angle Flexion	106 deg		Ankle Maximum	105 deg
	Knee Angle Extension	39 deg		Ankle Minimum	86 deg
	Knee Forward of Foot	80 mm		Ankle Range	20 deg
	Knee Lateral Travel	36 mm		Knee Travel Tilt	4 deg
	Hip Angle Closed	49 deg		Hip Vertical Travel	75 mm
	Hip Angle Open	95 deg		Back Angle	23 deg
	Hip to Wrist Vertical	-35 mm		Hip to Elbow Vertical	-102 mm
	Hip to Wrist Horizontal	739 mm		Hip to Elbow Horizontal	485 mm
	Hip Foot Lateral Offset	2 mm		Shoulder Angle to Elbow	73 deg
	Elbow Angle	85 deg		Shoulder Angle to Wrist	116 deg
	Thigh Length	427 mm		Forearm Angle	14 deg
	Shin Length	381 mm		Power Output Ave (Max)	~~~ ( ~~~ )
				Speed Ave (Max)	~~~ ( ~~~ )
				Cadence Ave (Max)	99 RPM(122 RPM)

### KNEE TRACING (FRONT VIEW)



### BIKE & SESSION INFO

MAKE/MODEL: Retul Muve  
TYPE: Time Trial  
PEDALS: Clipless  
HANDLEBAR: Aero  
DATE/TIME: 2013/11/29 14:58  
SIDE: right #12  
DURATION: 0 sec  
NOTES:

### SITE INFO

NAME: Bespoke 2  
OPERATOR: Helena Kvepa  
ADDRESS: 143-145 Farringdon Road  
London, EC1R 3AB  
UK  
PHONE: 020 7837 0647  
WEBSITE: www.bespokeycycling.com

THIS BIKE FIT PERFORMED USING THE RETÜL SYSTEM

