



BESPOKE

Personal Bicycle Fitting Report Rider Information

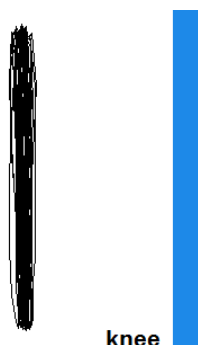
Owen Robertson
Age
Male

RIDING STYLE: Racing
GOALS:
INJURIES/PAIN:
FLEXIBILITY: Medium
TRAINING VOL:

MEASUREMENTS & ANGLES

	Knee Angle Flexion	108 deg		Ankle Maximum	104 deg
	Knee Angle Extension	34 deg		Ankle Minimum	84 deg
	Knee Forward of Foot	13 mm		Ankle Range	20 deg
	Knee Lateral Travel	13 mm		Knee Travel Tilt	1 deg
	Hip Angle Closed	70 deg		Hip Vertical Travel	62 mm
	Hip Angle Open	115 deg		Back Angle	50 deg
	Hip to Wrist Vertical	-80 mm		Hip to Elbow Vertical	~~~~
	Hip to Wrist Horizontal	663 mm		Hip to Elbow Horizontal	~~~~
	Hip Foot Lateral Offset	9 mm		Shoulder Angle to Elbow	~~~~
	Elbow Angle	~~~~		Shoulder Angle to Wrist	74 deg
	Thigh Length	421 mm		Forearm Angle	~~~~
	Shin Length	387 mm		Power Output Ave (Max)	~~~ (~~~)
				Speed Ave (Max)	~~~ (~~~)
				Cadence Ave (Max)	91 RPM(111 RPM)

KNEE TRACING (FRONT VIEW)



BIKE & SESSION INFO

MAKE/MODEL: Pinarello FP2
TYPE: Road
PEDALS: Clipless
HANDLEBAR: Drop
DATE/TIME: 2013/11/25 15:47
SIDE: right #1
DURATION: 0 sec
NOTES: Initial Capture

SITE INFO

NAME: Bespoke 2
OPERATOR: Helena Kvepa
ADDRESS: 143-145 Farringdon Road
London, EC1R 3AB
UK
PHONE: 020 7837 0647
WEBSITE: www.bespokecycling.com

THIS BIKE FIT PERFORMED USING THE RETÜL SYSTEM

