



**BESPOKE**

# Personal Bicycle Fitting Report

## Rider Information

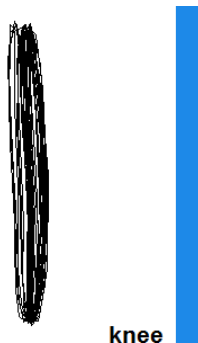
Owen Robertson  
Age  
Male

**RIDING STYLE:** Racing  
**GOALS:**  
**INJURIES/PAIN:**  
**FLEXIBILITY:** Medium  
**TRAINING VOL:**

### MEASUREMENTS & ANGLES

	Knee Angle Flexion	<b>109 deg</b>		Ankle Maximum	<b>99 deg</b>
	Knee Angle Extension	<b>35 deg</b>		Ankle Minimum	<b>73 deg</b>
				Ankle Range	<b>26 deg</b>
	Knee Forward of Foot	<b>-14 mm</b>		Knee Travel Tilt	<b>1 deg</b>
	Knee Lateral Travel	<b>21 mm</b>			
	Hip Angle Closed	<b>68 deg</b>		Hip Vertical Travel	<b>57 mm</b>
	Hip Angle Open	<b>112 deg</b>		Back Angle	<b>50 deg</b>
	Hip to Wrist Vertical	<b>-53 mm</b>		Hip to Elbow Vertical	~~~~
	Hip to Wrist Horizontal	<b>710 mm</b>		Hip to Elbow Horizontal	~~~~
	Hip Foot Lateral Offset	<b>1 mm</b>		Shoulder Angle to Elbow	~~~~
	Elbow Angle	~~~~		Shoulder Angle to Wrist	<b>83 deg</b>
	Forearm Angle	~~~~		Forearm Angle	~~~~
	Thigh Length	<b>427 mm</b>		Power Output Ave (Max)	~~~ ( ~~~ )
	Shin Length	<b>385 mm</b>		Speed Ave (Max)	~~~ ( ~~~ )
				Cadence Ave (Max)	<b>97 RPM(119 RPM)</b>

### KNEE TRACING (FRONT VIEW)



knee

### BIKE & SESSION INFO

**MAKE/MODEL:** Pinarello FP2  
**TYPE:** Road  
**PEDALS:** Clipless  
**HANDLEBAR:** Drop  
**DATE/TIME:** 2013/11/25 17:05  
**SIDE:** right #5  
**DURATION:** 0 sec  
**NOTES:** Final Capture

### SITE INFO

**NAME:** Bespoke 2  
**OPERATOR:** Helena Kvepa  
**ADDRESS:** 143-145 Farringdon Road  
London, EC1R 3AB  
UK  
**PHONE:** 020 7837 0647  
**WEBSITE:** www.bespokecycling.com

THIS BIKE FIT PERFORMED USING THE RETÜL SYSTEM

